

Activities Unlimited

Volume XXX Issue I

January, 2016

Activities Unlimited General Meeting January 12, 2016

1:00 PM at the WRC in Heneveld Hall

Our speaker for the AU General meeting on January 12, 2016 will be Richard Muti.

Richard has more than 100 publishing credits, mostly having to do with public policy, law, politics and government. He spent 19 years as a successful trial prosecutor and has also taught writing, American government and politics, criminal justice, and history. He is a graduate of the U.S. Naval Academy, Harvard Business School, and Rutgers Law School, as well as a former Navy pilot and former mayor of Ramsey, New Jersey.

His latest book "The Sinatra Legend at 100" gives a very descriptive story of Frank Sinatra life, on the 100th anniversary of his birth.

The timing for this topic is perfect because of the many newspaper articles written about Frank Sinatra over the past month. Richard will tie all these stories together.

Spouses are invited and encouraged to attend.

Any questions, please contact **George Lewis** 201-891-5883

Food Pantry

At the November meeting \$155.50 was collected for the food pantry.

Note from the President

Activities Unlimited enjoyed a great year in 2015. Many thanks go to last year's president, Ramon Casaprima, who worked tirelessly to keep everything running smoothly under his reign. Thanks, also, to all the club chairmen who lead and organize all our activities throughout the year. It's a lot of work for these leaders who could always use some help doing all the things they do. Please reach out to them to offer your assistance. It would be very much appreciated.

For all the 2016 AU Monthly Meetings, we are bringing back the SUGGESTION BOX. Please give us your suggestions on how we can improve our Club. We can only accomplish this with your input.

Our membership grew to 369 members last year. We had the largest increase in membership over the last several years. But, why stop there? Now is the time for new and old members to reach out to friends and neighbors to recruit them into our AU Club. Let's try to get our membership up to 400 strong. If only 10% of our members brought in one new member we would surpass this goal. New members often generate new energy and ideas into all our activities. With your help we can make Activities Unlimited bigger and stronger in 2016.

The AU Christmas Party was again a big success, thanks to the efforts of John Murphy and Bill Mastellon. They truly did an outstanding job, and we sincerely appreciate all their hard work.

I would like to wish all our AU members and their families a very Happy and Healthy New Year.

George Lewis, President

The 29th AU Christmas Party.

To view all the photos go to our website: www.activitiesunlimited.org



Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.



Duplicate Bridge Results

	OFFICES		MEETING
President	George Lewis	201-891-5883	2nd Tue 11am
1st Vice-Pres.	Tom Butler	201-934-8161	
2nd VicePres.	Jim Webb	201-337-7982	
Secretary	Edwin Schlachman	973-423-1459	
Treasurer	Mike Hurd	201-891-1374	
Asst. Treas.	Mark Cohen	201-337-4198	
	COMMITTEES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton	201-447-2261	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	201-891-4048 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela	201-327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	201-891-7567 201-891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	201-337-5666	Mon 9:00
Historian	Dom Manobianco	201-891-7185	
History	Pablo Catangay	201-684-1217	
Investment	Al Connelly	973-616-0755	Thru after the AU General Meeting 9:30
Membership	Walt Widmer	201-562-8666	
Newsletter Distribution By	Lou Guarneri Ed Schlachman	201-847-1981 973-423-1459	
Project Outreach	Marty McGonigle	201-529-1941	
Photographer	OPEN		
Public Disc.	Walt Widmer	201-562-8666	3rd Fri 9:30
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks	201-327-6649	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick	201-337-5666	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	201-891-7185	MWF
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

		1st	2nd	3rd
11/25	NS	Gattoni/Lewis	MacDougall/ Warner	Milcos/Page
	EW	Freimuth/Spence	Wiest/Yempell Boylan/Smith	---
12/2	NS	Marmarian/Yempell	Hulit/Lewis	Warner/Zelhof
	EW	Boylan/Gilpatrick	Anand/Lubicich	Meloro/Spence
12/9	NS	Foley/Spence	Boylan/Hulit	Mahmarian/ McAdams
	EW	Smith/Warner	Milcos/Rock	Freimuth/ MacDougall
12/16	NS	Coughlin/Lewis Mahmarian/Wiest Freimuth/Warner	---	---
	EW	Martin/Spence	Anand/McAdams	Gilpatrick/Smith
12/23	NS	Martin/Milcos	Pasquariello/Wiest	Hulit/Page
	EW	Boylan/Mahmarian	Coughlin/Warner	Smith/Yampell

Membership Dues

A brief update from the financial front....As of December 23 we have received about half of the dues checks for 2016. We are running a bit behind 2015 probably means I am losing my touch at finding the way to "touch" your checkbooks! Please help me to get my dignity back (assuming I had some to begin with!). If you haven't sent in your check for 2016, please send it as soon you can conveniently do so.

Before you all rush off to warm places to spend the winter please remember to write your \$50 dues check payable to "Activities Unlimited" and mail it to:

Mike Hurd
470 Wyckoff Avenue
Wyckoff, NJ 07481

Remember--don't make it payable to me, just mail it to me but payable to Activities Unlimited!

Looking forward to sharing a new and exciting year with you at AU and our new President.

Obituaries

On December 5th, Alexander Pope passed away.
Pat McGuire passed away on December 25th.

The deadline for February, 2016 Newsletter articles is 5 PM January 22, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold).

Email: lguarneri03@gmail.com
Or mail to: **Lou Guarneri**
128 MacLeish Court
Mahwah, NJ 07430

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Anthony Scordato (Annette)	227 Barnstable Drive Wyckoff, NJ 07481	Executive	Discussion Group, T&T and Stock Market	H: 201-444-5633
Edward Trerotola (Patricia)	54 Fisher Road Mahwah, NJ 07430	Sales	Computers and Discussion Group	H: 201-236-1368 C: 201-669-1708 etkt@mac.com
Joseph Sokoloff (Joann)	797 Mountain Avenue Wyckoff, NJ 07481	Executive	Chess, Computers, Model RR, Skiing, Stock Market and Tennis	201-891-2074 jjsokoloff@gmail.com
Richard Colten (Elizabeth)	36 Hampshire Road Upper Saddle River, NJ 07458	Executive	Book Club, Computers, Investments, T&T and Stock Market	H: 201-327-3909 C: 201-403-1569 radiofreerichard@gmail.com
Jack Rodenberg (Anne)	61 Fairhaven Drive Midland Park, NJ 07432	Executive	Computers, Investments, T&T and Stock Market	201-652-2583 jorodenbe@msn.com

The club's final meeting of the year covered several interesting topics. First, we discussed whether "political correctness" was undermining the idea of Christmas. Department stores now train employees to say, "Happy Holidays" rather than "Merry Christmas" and public schools and institutions avoid any reference to Santa. Others felt that this was just a reflection of the changing demographics of the country and greater sensitivity to the variety of ways that our people celebrate this time of year (Chanukah, Kwanza, etc.). Others pointed to commercialization as the real culprit. We next turned to the most recent Republican debate. There was a general sense of disappointment that having so many candidates on stage made it impossible to seriously address issues of national importance, like the debt or ISIS for example. Finally, the group took a look at drones. Most agreed that they were here to stay, but wondered how they might give a new weapon to terrorist, how they might endanger commercial airline flight, and how they will impact a right to personal privacy. From each of the discussions, we learned more about the facts and got a better understanding of differing points of view. And to have some fun and come away better informed is what the public discussion club is all about. For a more complete summary of the meeting, please go to the AU website www.activitiesunlimited.org



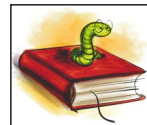
Public Discussion Group

All members are welcome to join us at the next meeting on Friday, January 15th at 9:30 am at Larkin House.

Tom Butler

Books for January:

- * QUARTET - Joseph Ellis
- * TRUE NORTH - Bill George
- * JUST MERCY - Bryan Stevenson



The Book Club

I AM MALALA (Malala Yousafzai) introduced by **Jerry Hulit** is the inspirational story of a young girl (Malala) who fought for girls' education rights in Pakistan. She came to international attention when Taliban gunmen boarded her school bus and shot her in the head in an attempt to silence her. Fortunately, she survived, was flown to Birmingham, England where doctors reconstructed her shattered skull. Now a permanent resident of Birmingham she continues to pursue her activism.....DEAD WAKE (Erik Larson) summarized by **Joe Clinton**, suspense fully relates the story of how the Cunard liner Lusitania, on a run from New York to Liverpool in May 1915, was sunk by a German U-Boat about 11 miles off the coast of Ireland with the loss of nearly 1200 lives. Questions still persist as to why the British, who broke the German Naval Code, failed to provide a military escort or alert the captain of the Lusitania to the presence of a U-Boat in the area. Illustrations would have been helpful.....THE BEDFORD BOYS (Alex Kershaw) recommended by **Joe Clinton** is the true story of how the small town of Bedford, VA lost a higher percentage of its men on D-Day than any community in America, and that is the main reason the National D-Day Memorial was dedicated there in June 2001. Of the 28 troops from Bedford who left the landing craft that day 22 were killed, most before they reached Omaha beach, by murderous machine gun fire from German pill boxes high above the beach.....All three books this month received rave reviews.

Books for February:

- * IT IS ABOUT ISLAM - Glen Beck
- * HOW TO WIN A COSMIC WAR - Reza Aslam
- * A TIME TO KILL - John Grisham

Our next meeting is January 13, 2016. Any member of AU is invited to our meetings, whether you have read any of the books or not. Meetings are informative and light hearted.

Joe Clinton bhagan185@aol.com



The Hiking Club

Monday December 7, 2015, our leader of the "AU Mighty Short Hikers", **Ron Manganaro** took us to the Englewood Nature Center, just off Route 4 and Jones Road. Ron was fully prepared for this new hike, with map in hand. This hike encompassed a former quarry, several ponds, an outside display of live birds, including eagles and hawks in cages, and a great indoor nature and hospitality center with various displays of nature found in this preserve.

We hiked several different colored trails, for around 3 1/2 miles, and found this "Mystery Bridge" overlooking the water falls and babbling brook which ran right against the former home of band leader Glenn Miller up on a cliff overlooking the preserve. We also enjoyed lunch in the woods, in their picnic area! A beautiful natural place to walk and discover nature!



On Monday December 14, our Long Hikers and mighty Short Hikers, met after our respective morning hikes at the Mason Jar. You can see Ron at the head of the table, and Long Hike Leader **Don Kirkpatrick** to the left. 17 of us enjoyed lunch at the Mason Jar.



The Science Club

Unfortunately, Dr. Sandeep Joshi from Valley Hospital, who was scheduled for the December meeting, was not able to speak to us about the Metabolic Syndrome (it involves diabetes and other areas important to us all). He will reschedule for the Spring.

Dr. Ligresti will speak to us on the State of the Art for management of Barrett's Esophagus Disease at the January meeting, 1:00 pm on Tuesday, Jan. 19, 2016. Several people have had family members and friends with various stages of this disease, and it should be of interest to all. Please note the meeting is 1 pm to accommodate the Doctor's schedule.

At the Tuesday, February 19, 2016 Meeting (10 AM), our club member, Murray Perl will speak on Maintaining Balance in Space. It should be interesting.

Thanks to all who helped this past year with our activities, making presentations, arranging trips, setting up A/V equipment, making announcements at General Meetings, and keeping records.

Since there was not sufficient interest in a return trip to the Museum of in Natural History NY at this time--we will consider a Car Pool trip in the spring.

We are always trying to improve the club, and in September we asked for recommendations. The idea of employing DVDs, with supplemental material by the speaker, was agreed to be probably the best method to reduce effort and obtain additional volunteers from our group. Also, we should consider two short talks at a meeting.

Finally, thank you to our Co-Chairmen, **Ed Schlachman** and **Bob Talan**, as well as **Don Fairbairn** who has done our Attendance Records and Member contacts.

Jack Yurasek (201-337-4433) Email--JYURASEK@AOL.COM

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP don't wait till it's too late.

THURSDAY, JANUARY 21, 2016 ----Lunch at Savini's Come join us for an afternoon of good food and fellowship. A four course lunch will be served with pasta, soup or salad, choice of veal, chicken or fish, desert, coffee, tea and soda. A cash bar is available. Cost is \$27.00 pp Rain/Snow date is January 29, 2016. Wives are invited. Checks for \$27.00 pp should be made payable to "Activities Unlimited" and sent to:

Dick Freimuth, 413A Bromley Place, Wyckoff, N.J. 07481. Tel 201-847-0415

THURSDAY, FEBRUARY 4, 2016---Mardi Gras Luncheon at the Brownstone, Paterson, 11AM-3PM.

Let's party with the "GB's Band" well known for their **BIG EASY NEW ORLEAN'S** sound. If you love dancing, this is the place to be. All are invited to join the "Saints Parade". Great food, music, and laughs with comedian, Joey Vincent. Menu includes 2 Comp Drinks, Salad, Chicken Gumbo Soup, Pot Roast, BBQ Chicken, Vegetable, Potato, Desert, Coffee, Tea and Soda. Make your check for \$47.00 pp, which includes gratuities, payable to:

"Activities Unlimited" and sent directly to:

Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430. Tel. 201-529-4784.

TUESDAY, MARCH 29, 2016 – Mount Airy Casino — Matinee Show, buffet lunch and tickets to the Kid Kyle Doo Wop show at 1:00 pm. You will enjoy this high energy show featuring all the music from the 50's and 60's that you know and love like "Why Do Fools Fall In Love", "I'm So Young", "Goody Goody", "Dream Lover" and so many more. Mount Airy gives \$20 of slot play per person; government issued photo ID is required. Bus leaves the WRC at 9:00 am returning about 6:00pm. Make your check for \$60.00 per person payable to "Activities Unlimited" and sent directly to: **Douglas Cooper, 15 David Alan Way, Montville, NJ 07045.**

Tel 908-907-1112 or email dcoop1025@yahoo.com.

FRIDAY, APRIL 22-25, 2016 — 4 Day Trip To Virginia Beach Group Tours is conducting this trip featuring Military Tattoo Bands in Norfolk. Tour includes VIP seating for the Military Tattoo Performance in the Scopes Arena – reserved seats for the 63rd Annual Parade of Nations – Norfolk Botanical Gardens — tour of the battleship Wisconsin — The General Douglas MacArthur Memorial – National Museum of The Marine Corp — Virginia International Tattoo American Pipe Band Championship. Includes: 3 nights with oceanfront rooms at The Hampton Inn – All breakfasts- two lunches- one dinner. \$865.00 pp double & \$1135 single. Detailed flier available at the monthly meeting or call or e-mail:

Dick Freimuth, Tel 201-847-0415 or freimuth1@verizon.net.

TUESDAY MAY 10, 2016 AU Luncheon at Indian Trails

JUNE Men's Beefsteak Dinner

JULY 13, 14 & 15, 2016: AMISH COUNTRY TOUR, 3 days, 2 nights. Includes the Show Samson @ the Sights & Sounds Theater in Lancaster, PA & a visit to the Strasburg Museum RR Station & a Train Ride. A guided Tour of the Amish Countryside including a Smorgasbord Dinner at the Shady Maple. 2 nights lodging, Dinners, Bus & Gratuities. Cost \$360. pp. Make checks payable to "Activities Unlimited" and mail to:

Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430, Tel: 201-825-5843

THURSDAY, August 18, 2016 - Viva Las Vegas at the Stony Hill Inn, Hackensack, "The King is Back and Better than Ever!" Join us for a special tribute to "Elvis", plus the Joe Zisa Band along with their great Las Vegas Review. Family style luncheon (three entries), two comp drinks, salad, dessert, coffee, tea, soda. Show starts at 11am and ends at 3pm. Your check for \$47.00 pp should be made payable to Activities Unlimited and sent to:

Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430. Tel. 201-891-1873. Dance, dine and enjoy an exciting afternoon. **Don't be left out. Send your checks in ASAP.**



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